

BHUTAN

SINGAPORE DIRECT FLIGHT

TRAVEL
BHUTAN TOURS
DISCOVER HAPPINESS

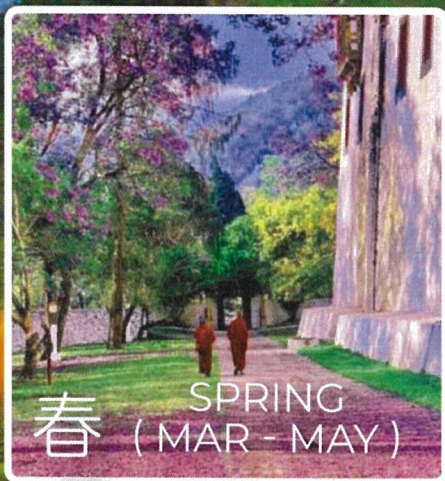


PARO | THIMPHU | TRONGSA | GANGTEY |
PHOBJIKHA VALLEY | WANGDUE PHODRANG | PUNAKHA

新加坡直飞不丹

帕罗 | 廷布 | 通萨 | 岗提 | 富毕卡山谷 |
旺杜波德朗 | 普那卡

7 DAYS | 6 NIGHTS



春
SPRING
(MAR - MAY)



夏
SUMMER
(JUN - AUG)



秋
AUTUMN
(SEP - NOV)

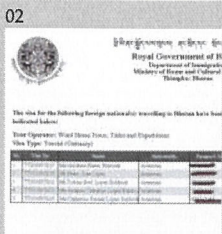
LICENSED TRAVEL AGENCY IN BHUTAN

9 大赠送 独家超值

EXCLUSIVE
COMPLEMENTARY



Bhutanese Cultural Dance
不丹文化舞蹈表演



Bhutan Tourist Visa
不丹旅行签证



Bhutanese Tashi Khadar
不丹传统围巾



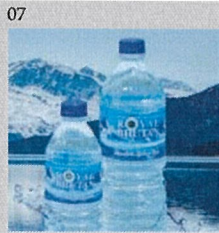
Organic Lemongrass Spray
天然香茅精油



English, Chinese Speaking Guide
中英导游讲解



Local Data Sim Card 3GB
3GB网络电话卡



Unlimited Complimentary Water
无限矿泉水



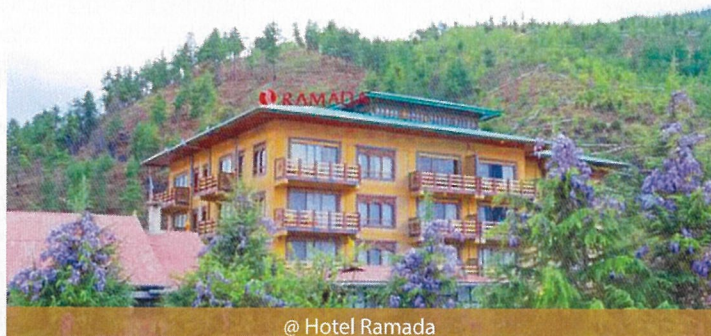
Hiking Stick at Tiger Nest
虎穴寺的登山杖



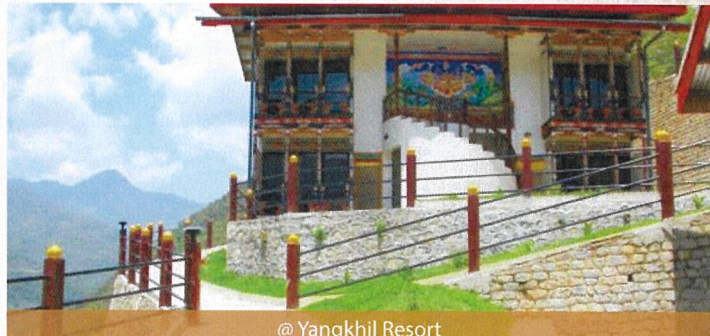
Bhutanese Costume Experience
不丹传统服装



ACCOMMODATION 住宿



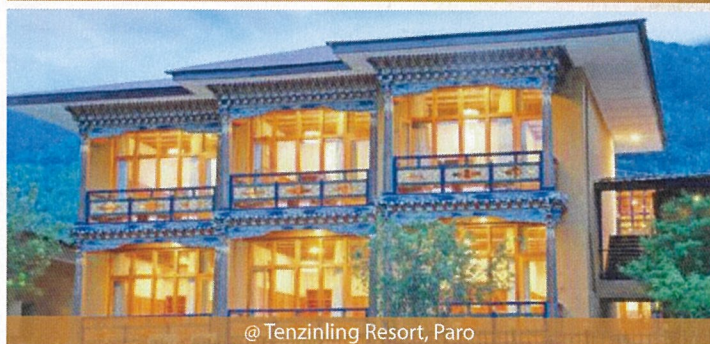
@ Hotel Ramada



@ Yangkhil Resort



@ Zhingkhram Resort



@ Tenzinling Resort, Paro

STAY 留宿	LOCATION 地点	4* HOTEL, SELECTED RESORT 4* 酒店 · 特选度假村
2 NIGHTS 2晚	THIMPHU 廷布	Hotel Ramada, Thimphu (OR SIMILAR 或同等)
1 NIGHT 1晚	TRONGSA 通萨	Yangkhil Resort, Trongsa (OR SIMILAR 或同等)
1 NIGHT 1晚	PUNAKHA 普那卡	Zhingkhram Resort, Punakha (OR SIMILAR 或同等)
2 NIGHTS 2晚	PARO 帕罗	Tenzinling Resort, Paro (OR SIMILAR 或同等)

VARIETIES CUISINE 各种美食

· SUJA
酥油茶

· JASHA MARU
不丹咖喱鸡

· SHAMU DATSHI
蘑菇芝士

· EZAYS
辣蘸料

· BAK KUT TEH
肉骨茶

· EMA DATSHI
辣椒芝士

· SIKAM PAA
不丹培根肉

· DAL BHAT
米饭和扁豆

· KHATEM
炸苦瓜

· INDIAN CUISINE
印度料理

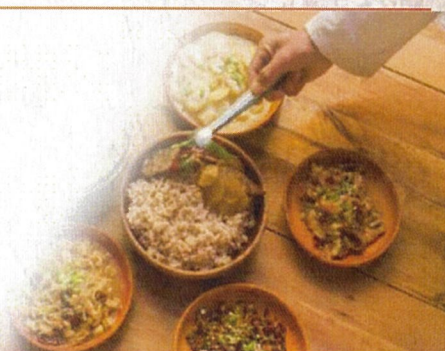
· KEWA DATSHI
马铃薯芝士

· BHUTAN RED RICE
不丹红米

· KHUR-LE
大麦煎饼

· THAI CUISINE
泰国料理

· CHINESE CUISINE
中式料理





@ Dochula Pass

DAY 1 – SINGAPORE – PARO – THIMPHU (MOB/D)

Kyichu Temple : A rich history dated back to the 7th century. The temple is one of the last three surviving temples that was built by a Tibetan King.

Rinpung Dzong : It houses the district Monastic Body and government administrative offices of Paro District.

第一天 – 新加坡 – 帕罗 – 廷布 (机上用餐/晚餐)

Kyichu Temple : 悠久的历史可以追溯到七世纪。该寺庙是由西藏国王建造的最后三座幸存寺庙之一。

Rinpung Dzong : 它是帕罗区寺院和政府行政办公室的所在地。

DAY 2 – THIMPHU (B/L/D)

Kuensel Phodrang (Buddha Point) : A gigantic 167 feet high Buddha statue constructed in the mountains.

National Memorial Chorten : Most visible landmarks of Thimphu, the monument is also a stupa to honor the third king of Bhutan and focus of daily worship.

Motithang Takin Preserve (Mini Zoo) : Wildlife reserve for protecting Takin, the national animal of Bhutan.

National Institute for Zorig Chusum : A college where students come to train in the various Bhutanese crafts such as painting, wood carving, clay sculpting, metal work and needle work.

Traditional Handmade Paper Factory : The traditional handmade papermaking originated in the 8th century, here you can watch the most traditional way and process of paper making.

Bhutan Post Office Headquarters : Bhutan is the world's famous "stamp-country" and you may create your own personalized stamp here, and send with those postcards to your beloved friends and family.

Changlimithang Stadium & Archery Ground : Try out archery, the Bhutanese National Sport.

Changangkha Lhakhang : The oldest temple in Thimphu.

Bhutan Handicraft Emporium & Norzin Lam Street : Here you can find all kinds of beautiful hand-woven items and crafts.

第二天 – 廷布 (早/午/晚餐)

金剛座釋迦牟尼佛 : 世界上最大的户外佛像之一，佛像高达52米。在这里也是最好俯瞰整个廷布城市的视角，至今已经成为不丹的地标之一。

国家纪念佛塔 : 廷布的标志建筑，是为了祈求世界和平和纪念第三任国王建造的。这座纪念塔同时也是一座佛塔，内部珍藏许多神圣的宗教绘画和密宗佛像，是不丹人民生活的一部分。

Motithang 羚牛保护区 : 位于廷布的迷你动物园，也是不丹国兽“塔金”的保护区。塔金是不丹的一级保护动物也是羚羊的一种，只能在不丹看见。

Zorig Chusum 国立研究所 : 一所学院，学生可以在这里学习各种不丹手工艺，例如绘画、木雕、泥塑、金属工艺和针线活。

传统手工造纸厂 : 传统的手工造纸起源于公元8世纪，在这里可以看到最传统的造纸方式和过程。

国家邮政总局 : 不丹是世界著名的“邮票之国”，您可以在这里制作属于您自己的个性化邮票，并连同这些明信片一起寄给您心爱的亲朋好友。

Changlimithang 体育场和射箭场 : 场尝试射箭，这是不丹的国家运动。

Changangkha Lhakhang : 廷布最古老的寺庙。

不丹手工艺品商场和诺津林街 : 在这里您可以找到各种精美的手工编织纺织品和手工艺品。

DAY 3 – THIMPHU – TRONGSA (B/L/D)

Pele La Pass : Corridor to Central Bhutan.

Thongsa Dzong : This is an architectural masterpiece containing a labyrinth of courtyards, passages, corridors and 23 other temples.

第三天 – 廷布 – 通萨 (早/午/晚餐)

Pele La 山口 : 通往不丹中部的走廊。

通萨宗 : 这是一座建筑杰作，包含迷宫般的庭院、通道、走廊和另外 23 座寺庙。

DAY 4 – TRONGSA – GANTEY GOMPA – WANGDUE (B/L/D)

Gangtey Monastery : the largest Nyingmapa monastery in western Bhutan founded in Year 1613.

Phobjika Valley : The valley of Phobjika, home of the migratory black-necked crane is one of the most beautiful spots in Bhutan.

DAY 5 – WANGDUE – PUNAKHA – THIMPHU – PARO (B/L/D)

Punakha Dzong : A fortress built in 1637 was the ancient capital of Bhutan. Today, it is the winter palace for the monastic body of Bhutan as Punakha Valley, located between Pho Chhu (Father River) and Mo Chhu (Mother River).

Chimi Lhakhang : Known as the "Fertility Temple" and famous as a place which induces fertility for all the women who come here wishing for a child.

Dochula Pass : Bhutan most beautiful mountains passes, enjoy the breathtaking views of the snow capped Eastern Himalayas. Druk Wangyal Chortens, 108 small chortens was built to honor Bhutanese soldiers who died in a 2003 military cooperation and dedicated to World Peace.

第四天 – 通萨 – 甘提寺 – 旺德 (早/午/晚餐)

岗提寺 : 不丹西部最大的宁玛巴寺，建于 1613 年。

富毕卡山谷 : 富毕卡山谷是黑颈鹤迁徙的家园，是不丹最美丽的景点之一。

第五天 – 旺杜 – 普纳卡 – 廷布 – 帕罗 (早/午/晚餐)

普纳卡宗 : 过去是不丹的古都和中心地带。建于1637年并承载着300多年的历史。它的寺院建在不丹的两条主要河流交汇处，Po Chhu (父亲河) 和Mo Chhu (母亲河)。

切米拉康 : 世界有名的求子圣地和不丹最著名的求子庙。这座小寺院坐落在Puna Tsang Chhu河边的村庄小丘上，是为了纪念喇嘛朱卡库雷，是不丹人广泛尊崇的圣人。因此许多外国旅客都慕名而来为了求得一子。

多楚拉山口 : 不丹境内最美的山道。这里有为世界和平和纪念2003年军事行动中牺牲的不丹士兵而建立的108个佛塔 - 楚克旺耶纪念碑。在天气晴朗的时候，可以欣赏到喜马拉雅山的壮丽的风景。

第六天 – 帕罗 (早/午/晚餐)

虎穴寺 : 坐落在帕罗谷3000多米海拔的悬崖边上。这庙群建于1692年，是不丹境内最著名和神圣的寺庙，也被誉为世界十大寺庙之一。您可以选择徒步登山或骑马到半山休息站再徒步到山顶。

杜克耶宗 : 17世纪的胜利堡垒。虽然已成废墟，但这座宗堡因其重要的历史意义而得以保存。

民俗博物馆 : 丰富的不丹民俗遗产和乡村历史联系起来。博物馆将努力通过以不同形式保存丰富的文化遗产，使其代代相传。

在您的酒店享用告别晚餐并观看当地文化舞蹈表演，见证不丹的传统音乐。

*文化舞蹈表演仅限10个人以上。

DAY 6 – PARO (B/L/D)

Tiger Nest : Temple that build on the cliff edge about 3000m, one of the most amazing temples in the world. You may choose to walk uphill or ride a horse to midway point and continue hike to the monastery.

Drukgyel Dzong : a victory fortress of the 17th century. Although in ruins, this Dzong is preserved for its great historical importance.

Folk Heritage Museum : Rich Bhutanese folklore heritage is linked to the history of the village. The museum will strive to pass on the handicrafts from generation to generation by preserving a rich collection of crafts in different forms.

Enjoy the Farewell Dinner at your Hotel with Local Cultural Dance Show to witness traditional music of Bhutan.

* Cultural dance show only GV 10 and above.

DAY 7 – PARO – SINGAPORE (B/MOB)

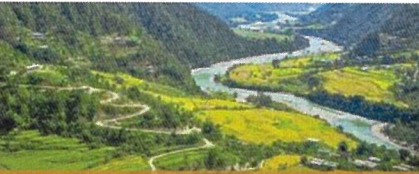
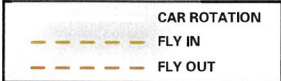
Your Bhutan journey ends here, Tashi Delek!

第七天 – 帕罗 – 新加坡 (早/机上用餐)

您的不丹之旅将在此结束，扎西德勒！

BHUTAN MAP ROTATION

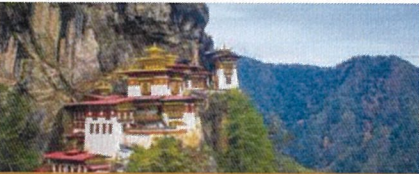
不丹地图旅游路线



PARO, Paro valley



GANGTEY, Black-Necked Cranes



PARO, Tiger Nest



WANGDUE PHODRANG, Chimi Lhakhang



PUNAKHA, Phallus Paintings



THIMPHU, Buddha Point



ESTIMATED FLIGHT SCHEDULE 预计航班时间

DEPARTURE 出发	Day 01 第一天	KB 151	1230 SIN 新加坡	-	1645 PBH 帕罗	🕒	5 Hours
RETURN 往返	Day 07 第七天	KB 150	0805 PBH 帕罗	-	1610 SIN 新加坡	🕒	6 Hours

*Flight schedule and estimate time of arrival and departure subject to airline confirmation without prior notice. 此航班仅供参考，对应的航班时间均有调整的可能，包括起飞时间的变化等。

TOUR FARE 团费

DEPARTURE 出发日期	ADULT TWINS 成人	CHILD TWIN 小孩占床	PRIVATE GROUP 私人包团	SINGLE SUPP 单人房差	UPGRADE 升级	TRAVEL INSURANCE 旅游保险